



# Doug's Reflection

**02-01-26 THE FOURTH SUNDAY IN ORDINARY TIME**

In a crazy world, where do we look for a sense of self-worth? Where do many turn? To unhealthy choices, that's where. Alcohol --- drugs --- destructive activities. People try to be what they're not. Certainly not what God desired them to be when God first thought them up. Some look for a sense of self worth in the approval of others. So they follow the crowd. They don't even play follow the leader, they play follow the follower. Much of the world is like this. We want to be liked --- wanted --- loved. We need to have a sense of self-worth. A wise man once wrote: "The whole sum of existence consists of being wanted and loved and needed by just one person." And you are! A careful study of Sacred Scripture will reveal a God who downright dotes on you! How much more of a sense of self worth do you need apart from this?