



LENT 2024 SCHEDULE



WEDNESDAY, FEBRUARY 14 - THURSDAY, MARCH 28

STATIONS OF THE CROSS

Journey on the sorrowful
Way of the Cross each week.

Fridays @ 2:00PM

FRIDAY FISH FRY DINNERS

Dinners will be available for eat-in or
take-out in the Saint James Parish
Center Gymnasium. Dinners are \$12.00.

March 8, 15 & 22 @ 5:00PM - 6:30PM

PARISH RECONCILIATION SERVICE

Come and receive healing grace in the
Sacrament of Reconciliation.

Monday, March 11 @ 6:00PM

LIVE STATIONS OF THE CROSS

Saint J Youth will present Live Stations of
the Cross in the Saint James Parish
Center Gymnasium.

Good Friday, March 29 @ 3:00PM





LENTEN RESOURCES



LENTEN FASTING + ABSTINENCE GUIDELINES

Fasting: Catholics 18-59 years of age, who are in good health, are obliged to fast on Ash Wednesday and Good Friday. On all the weekdays of Lent, the U.S. Bishops strongly encourage the faithful to participate in Mass and to observe a self-imposed fast. The law of fasting allows only one full meal a day, but does not prohibit taking some food in the morning and evening. Customarily, the two smaller "collations," when considered together, should not equal the main meal and ideally should be eaten only if needed to maintain one's strength.

Abstinence: All Catholics 14 years of age and older are obliged to abstain from meat on Ash Wednesday, Good Friday, and all the Fridays of Lent, unless the Friday is a solemnity.

TIME, TALENT + TREASURE

Lent is not only a time for fasting and abstinence; it is also a time to do more or be more active in your Saint James Parish. Here are a few things you might consider doing during Lent:

TIME

- Pray the Rosary every day
- Pray the Divine Mercy Chaplet
- Go to confession
- Go to daily Mass
- Attend Stations of the Cross
- Sign up for the Couples Prayer Series

- Bring/encourage others to attend Mass
- Visit our Perpetual Adoration Chapel frequently

TALENT

- Take the Spiritual Gift Inventory
- Join one of our many ministries

TREASURE

- Donate to Operation Rice Bowl
- Donate food and drinks to our Saint J Youth Group
- Donate to the Catholic Sharing Appeal
- Donate a bag of food to our St. Vincent De Paul food bank

For more information on how you can do more this Lent, please contact the Parish Office (228-896-6059).

Spiritual Gift Inventory - disciple@saintjamescc.com

For donations: Saint J Youth Group youthminister@saintjamescc.com and SVDP stjamesvdp07@gmail.com

MASS SCHEDULE + OPPORTUNITIES FOR GRACE

Sunday: 9:00AM, 11:00AM & 5:30PM

Confession is also available upon request & the Rosary is prayed daily.

Monday: 7:00AM & 8:30AM

Tuesday: 6:00PM

7:00PM XLT (**Adoration** with praise & worship) **Confession** available

Wednesday: 6:00AM (In the Adoration Chapel) & 8:30AM

Thursday: 7:00AM & 12:00PM (Noon)

Friday: 7:00AM & 8:30AM

Saturday: 3:00PM **Confession** available before 4:00PM Mass

24/7 Spend time praying with our Lord in the **Perpetual Adoration Chapel**

