



# LENT 2026 SCHEDULE



WEDNESDAY, FEBRUARY 18 - THURSDAY, APRIL 2

## ASH WEDNESDAY MASS SCHEDULE

- 7:00AM
- 8:30AM
- 12:00PM (Noon)
- 6:00PM

Wednesday, February 18

## FRIDAY FISH FRY DINNERS

Dinners will be available for eat-in or take-out  
in the Saint James

Parish Center Gymnasium.

\$12.00 in advance - \$15.00 at the door

February 27 and March 6, 20 & 27  
@ 5:00PM - 6:30PM

## LIVE STATIONS OF THE CROSS

Saint J Youth will present Live Stations of the  
Cross in the Saint James  
Parish Center Gymnasium.

Good Friday, April 3 @ 3:00PM

## STATIONS OF THE CROSS

Journey as a faith community on the  
sorrowful Way of the Cross each week.

Fridays @ 2:00PM

## PARISH RECONCILIATION SERVICE

Wednesday, March 25 @ 12:00PM

During the weeks of March 23 and  
March 30, other evening Reconciliation  
opportunities will be available at  
neighboring parishes.

## LENTEN BIBLE STUDY

"St. Joseph - The Hidden King" will be held  
March 2, 9, & 16 at the Philomena House.

Please RSVP to Chris Molino at  
[evangelization@saintjamescc.com](mailto:evangelization@saintjamescc.com)

## COUPLE PRAYER SERIES

A 5-week Couple Prayer Series for  
engaged and married couples starting  
February 19 and continuing throughout

Lent will be held in the Church.

Scan the QR code to register today!

Thursdays 6:00PM - 7:30PM





## LENTEN FASTING + ABSTINENCE GUIDELINES

**Fasting:** Catholics 18-59 years of age, who are in good health, are obliged to fast on Ash Wednesday and Good Friday. On all the weekdays of Lent, the U.S. Bishops strongly encourage the faithful to participate in Mass and to observe a self-imposed fast. The law of fasting allows only one full meal a day, but does not prohibit taking some food in the morning and evening. Customarily, the two smaller "collations," when considered together, should not equal the main meal and ideally should be eaten only if needed to maintain one's strength.

**Abstinence:** All Catholics 14 years of age and older are obliged to abstain from meat on Ash Wednesday, Good Friday, and all the Fridays of Lent, unless the Friday is a solemnity.

## TIME, TALENT + TREASURE

Lent is not only a time for fasting and abstinence; it is also a time to do more or be more active in your Saint James Parish. Here are a few things you might consider doing during Lent:

### TIME

- Pray the Rosary every day
- Pray the Divine Mercy Chaplet
- Go to confession
- Go to daily Mass
- Attend Stations of the Cross
- Sign up for the Couples Prayer Series

- Sign up for the Lenten Bible Study
- Bring/encourage others to attend Mass
- Visit our Perpetual Adoration Chapel frequently

### TALENT

- Complete a Faith Formation Plan
- Join one of our many ministries

### TREASURE

- Donate food and drinks to our Saint J Youth Group
- Donate to the Catholic Sharing Appeal
- Donate a bag of food to our St. Vincent De Paul food bank

For more information on how you can do more this Lent, please contact the Parish Office (228-896-6059).

Faith Formation Plan - [biloxidiocese.org/faith-formation-plans](http://biloxidiocese.org/faith-formation-plans)

For donations: Saint J Youth Group [youthminister@saintjamescc.com](mailto:youthminister@saintjamescc.com) and SVDP [stjamessvdp07@gmail.com](mailto:stjamessvdp07@gmail.com)

## MASS SCHEDULE + OPPORTUNITIES FOR GRACE

**Sunday:** 9:00AM, 11:00AM & 5:30PM

Confession is also available upon request & the Rosary is prayed daily.

**Monday:** 7:00AM & 8:30AM

**Tuesday:** 6:00PM

7:00PM XLT (**Adoration** with praise & worship) **Confession** available

**Wednesday:** 6:00AM (In the Adoration Chapel) & 8:30AM

**Thursday:** 7:00AM & 12:00PM (Noon)

**Friday:** 7:00AM & 8:30AM

**Saturday:** 3:00PM **Confession** available before 4:00PM Mass

**24/7** Spend time praying with our Lord in the **Perpetual Adoration Chapel**

